



CAEP

# GREATER THAN THE SUM

- + Connecting
- + Advocacy
- + Research
- + Education



**ANNUAL REPORT 2018–2019**



We are the voice of emergency medicine in Canada. We represent you, the EM community. CAEP and emergency medicine in Canada have come a long way since the early days when we were fighting for recognition and respect. Through advocacy and determination, we have improved front line emergency

care and produced world class research and education. CAEP could never have accomplished this without strong and committed members. We can achieve so much more by advocating together, collaborating and sharing our skills and talents.



***Thank you for being a part of the CAEP community.***





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# MESSAGE FROM THE PRESIDENT



As I write this message, floodwaters are wreaking havoc on many parts of Eastern Canada; I am reminded of the sheer power of water and the precariousness of our environment. In Manitoba, great sheets of ice flow down the Red River every spring, occasionally forming dams and bringing to mind the image of an iceberg.

Interestingly, CAEP often brings to mind the same image—cleaved off from its glacial parent, floating freely now for over 40 years, an impressive and distinct part of the landscape. Like its icy equivalent, most of the force that keeps CAEP buoyed is under the surface—thousands of members, hundreds of active volunteers—a massive, often invisible force.

To carry the image a step further, despite our prominence in the EM firmament, we must be aware of the shifting winds and currents around us, and prepare for a changing world. Here are some of the ways we have done that in the past year:

- *CJEM* has undergone a major transformation, is thriving and has ambitious plans for the future. And as it turned out, rumors of

the demise of paper journals were greatly exaggerated.

- We have had animated but mutually respectful discussions with CFPC and SRPC about training requirements for family medicine residents planning rural EM practice. Our Future of EM in Canada (FEMC) committee is refining its HHR projections for various levels of EDs, and advocating for necessary increases in PG training positions. Expect that work to be published shortly.
- Our QIPS, Women in EM and Wellness committees have been very active, the latter collaborating with ACEM, ACEP and RCEM on conjoint international EM wellness initiatives.
- Our newly formed Opioid Task Force will begin its work at CAEP by the Ocean in Halifax.

- CAEP lent its support to a broad coalition of doctors supporting measures to protect our patients from firearm injury. Our public affairs leadership made presentations to parliamentary and senate committees and were very active in the mainstream media. Although a vocal minority opposed this, we stood fast to our principles and will be revisiting our position



*Our 'berg is incredible to behold from above, but nothing compared to what is below the surface!"*

paper on gun control—along with new position papers on violence in the ED, dental care and ultrasound use by Emergency Physicians—in the coming year.

- Similarly, there have been some candid discussions with the CTAS National Working Group (NWG) on copyright and licensing issues related to CTAS. CTAS has been part of CAEP since its inception and we intend to develop and disseminate it strategically for the betterment of patients in Canada and beyond. As with CPD, we support it to fill a knowledge gap, aim to translate that into better care, and earmark the profits to support research, education and innovation, i.e., to sustain us. We are committed to working with the NWG to ensure a strong future for CTAS, without melting the iceberg.
- We just completed an intensive planning retreat in Montreal to bid

for ICEM 2025. We have reached out broadly to EM leaders in Quebec, AMUQ and across the country to form a planning group, led ably by Eddy Lang.

There is much more you will read about in these pages and a whole other world available to those willing to take a deeper dive beneath the waters. Our 'berg is incredible to behold from above, but nothing compared to what is below the surface!

### **Alecs Chochinov MD FRCPC**

*President*

Canadian Association of Emergency Physicians







# MESSAGE FROM THE EXECUTIVE DIRECTOR



It is difficult to believe that, yet another year has passed, and our 2019 conference has kicked off! It has been another

active year for CAEP, and it has been amazing to engage with so many members and to be part of the creativeness which continues to strengthen our pillars.

CAEP, like many other organizations, is also witnessing a generational change. I am confident that the sustainability of our Association is well placed for the future with the ever-increasing involvement of our younger members.

There is never a shortage of good ideas at CAEP. It was important that we improve our financial bottom line through the re-alignment of our work and reducing expenditures. It will be

exciting to reinvest those resources into what matters most to our members.

We are always looking for feedback as to how we are doing. And yes, good or not so good. It is important that we continue to evolve to meet CAEP membership's priorities.

I look forward to working with you over the coming year!

Sincerely,

**Lynn R. Garrow, BSocSc  
(Criminology), MBA (Kellogg)**  
*Executive Director, CAEP*





## Board of Directors



**Aleks Chochinov MD FRCP**  
*President*  
Winnipeg, MB



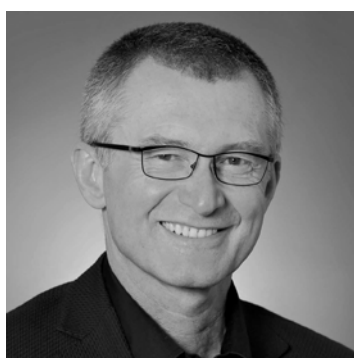
**Kirsten Johnson MD CCFP(EM)**  
*President Elect*  
Montreal, QC



**Tom Chan MD CCFP(EM)**  
*Treasurer*  
Toronto, ON



**Benjamin Fuller MD CCFP(EM)**  
*Director*  
Bowmanville, ON



**Jim Christenson MD FRCP**  
*Director*  
Vancouver, BC



**Mike Howlett MD CCFP(EM)**  
*Director*  
Saint John, NB





**Carolyn Snider MD MPH FRCPC**

*Director*

Winnipeg, MB



**Tim Lynch MD FRCPC**

*Chair, Pediatric Section*

Ex-Officio

London, ON



**Sean Moore MD FRCPC**

*Director*

Kenora, ON



**Gerhard Dashi MD**

*Chair, Resident Section*

Toronto, ON



**Jeff Perry MD MSc CCFP(EM)**

*Chair, Academic Section*

Ottawa, ON



**Catherine Patocka MD MHPE FRCPC**

*Director*

Calgary, AB



**Paul Pageau MD CCFP(EM)**

*Past President*

Ex-Officio

Ottawa, ON



**Lynn Garrow BSocSc MBA (Kellogg)**

*Executive Director*

Ex-Officio

Ottawa, ON



**Judy Morris MDCM FRCPC**

*AMUQ Representative*

Ex-Officio

Montreal, QC



[SEE OUR FINANCIALS](#)

# CONNECTING



*CAEP is very fortunate to house clinicians and researchers, urban and rural physicians, and multiple emergency medicine (EM) special interest groups in a single entity—like interlinked parts of a living, organic being."*

**Alecs Chochinov MD FRCPC**

*CAEP President*

CAEP recognizes that our members work in a diversity of settings and environments across this country. CAEP is committed to engagement and growth within all areas. We are fortunate to have strong leadership in these areas including an active academic section, rural and small urban section, resident section and pediatric section.

**Benj Fuller MD CCFP(EM)**  
*Membership Committee Chair*

## HIGHLIGHTS

- 1,107 delegates attended #CAEP18 in Calgary—a new attendance record
- *CJEM* returned to print in the fall of 2018
- Finalized CAEP's Values
- Launch of a NEW CAEP Award—Emergency Physician of the Year (per region and population type—urban and rural and small urban)
- Multifaceted partnership with MD Financial
- New committee initiatives with:
  - [Women in EM](#)
  - [QIPS](#)
  - [Wellness](#)
- Launch of CAEP's official YouTube Channel—[CAEP TV](#)
- CAEP representatives attended:
  - ICEM 2019 in Mexico City in June 2018
  - National Emergency Medicine Congress for the Emergency Physicians Association of Turkey
  - Family Medicine Forum in November of 2018

- SRPC Council meeting and conference in April 2019
- North York General Hospital Emergency Medicine Update



*Her Excellency presented the Officer insignia of the Order of Military Merit to Major Trevor Jain. Her Excellency the Right Honourable Julie Payette, Governor General and Commander-in-Chief of Canada, presided over an Order of Military Merit investiture ceremony at the Canadian War Museum, on November 6, 2018. The Governor General bestowed the honour on 1 Commander, 14 Officers and 54 Members.*

*L to r: Lieutenant-General P.F. Wynnyk, C.M.M., M.S.M., C.D., Vice Chief of the Defence Staff, CAEP Member Major Trevor Jain, Her Excellency the Right Honourable Julie Payette, Governor General and Commander-in-Chief of Canada. This award is one of Canada's highest military awards.*



# Final Membership Numbers 2,472

1,594

staff physician

582

resident

248

student

27

honourary

21

associate



For more information regarding membership and it's benefits [click here](#)

## Rural and Small Urban Section

Rural emergency medicine is a unique and challenging environment: full scope generalists (and the associated broader competencies) are the primary staffing model, staffing redundancies are much more limited, and local resources, distance and time are the prime determinants of outcomes.

In excess of 500 emergency departments are located in population centres of < 30,000, representing approximately 75% of Canada's emergency departments.

The Section was re-established within CAEP in 2016, and represents approximately 20% of CAEP membership.

We have been welcomed, and successfully and actively integrated into all facets of existing CAEP infrastructure over the past 3 years.

### Highlights:

- Close collaboration between CAEP and the SRPC (Society of Rural Physicians of Canada) has been successfully established. Since 2017, the CAEP President and CAEP Executive Director have attended the annual SRPC Council meeting (in conjunction with the CFPC and Royal College). Other synergies include, mutual head office staff site visits, mutual booths at annual conferences and cross-population of social media feeds.
- A collaborative (CAEP/SRPC/RCCbc/Labrador Institute) Rural and Small Urban EM environmental scan was completed in 2016 (data penetration 67.9%). CCFP(EM) rural migration

rates were confirmed as limited (12.4%), and 87.6% of rural EM providers in Canada are non-EM certified generalists. Extrapolated, there are up to 3,389 non-EM certified MDs providing EM care in this unique setting (which excludes Quebec). This (by itself), would consume 17.8 years of Canada's current national EM training capacity. Based on this data, a newly issued College of Physicians and Surgeons of Ontario rural EM policy was successfully remediated in 2018, via collaborative advocacy between the SRPC, the CFPC and CAEP.



Visit the Rural and Small Urban Section webpage [here](#)



## Strategies in progress:

- CAEP Continuing Professional Development pilots in a regional rural hub-and-spoke model have been completed in 2018, and will be further developed. Future priorities will focus on wider AIME and EDTU dissemination rurally.
- A repeat pan-Canadian rural environmental scan (this time including Quebec, and incorporating lessons learnt from 2016) is planned for 2020. Maintaining up-to-date data is mission critical for evidence based rural EM workforce planning.
- Actively promoting rural-friendly alternate EM training routes and the practice eligible route to CCFP(EM) certification for rural candidates.
- BC EM Network and CODI: exploring expansion of these successful models into other Canadian rural jurisdictions.

**Etienne van der Linde**  
**MB ChB LMCC CCFP**

*Chair, Rural and Small Urban Section*  
Clareville, NL



## Academic Section

CAEP is committed to promoting high-quality emergency patient care by conducting world-leading education and research in emergency medicine. Under the leadership of the Academic Section, four committees are focused on leadership and administration, education scholarship, and research.

The Academic Section hosted its 7th symposium this year, in conjunction with the Education Scholarship Committee. The symposium focused on optimizing emergency care through education.

The Academic Section continues to provide consultations on governance and administration, research, education scholarship and pediatric emergency medicine. In 2018, the Academic Section completed 5 consultations at 3 sites. The Section conducted its first simultaneous consultation at McMaster University conducting governance, research and pediatric consultations. The consultation at McMaster also marked the first pediatric consultation conducted by the Section.



Consultations were also conducted at Western University for governance and at the Thunder Bay site of the Northern Ontario School of Medicine for research.

**Jeff Perry MD MSc CCFP(EM)**  
*Chair, Academic Section*

## Education Scholarship Committee Initiatives

The Education Scholarship Committee hosted the Academic Symposium this year, titled "From Competence to Excellence: Optimizing Emergency Care Through Education." The 3 panels are:

**Panel 1:** Harnessing the power of simulation for assessment: from theory to practice

*Leads: Andrew Hall, Tim Chaplin*

**Panel 2:** Got competence? Best practices and challenges in trainee progress decisions

*Leads: Tamara McColl, Warren Cheung*

**Panel 3:** Learning analytics: Bridging the gap between education and emergency care

*Leads: Teresa Chan, Brent Thoma*

The Education Scholarship Committee has identified the top 3 Education Innovation Abstracts that will compete for the 2019 Top Education Innovation Abstract Award. The committee continued its clinician educator mentorship program at #CAEP19 and continues to post FEIs and GEMeS.

**Rob Woods MD MMed FRCPC**  
*Chair, Education Scholarship Committee*





## Leadership Committee Initiatives

The CAEP Leadership Committee of the Academic Section focused on completing the manuscripts and recommendations emerging from the 2018 Academic Symposium built on the theme of Strengthening Connections. High impact manuscripts have been submitted to *CJEM* in the areas of Quality Improvement and Patient Safety (Chartier and Mondoux), linkages between rural and academic EM (Johnston and Christenson) and Global Emergency Medicine (Landes and Johnson).

### Eddy Lang MD CCFP(EM)

*Chair, Leadership Committee*

## Research Committee Initiatives

The CAEP Research Committee supports the development of emergency-medicine-related research skills across Canada by administering two programs: the annual CAEP Grant Competition and CAEP Abstract Competition. Details regarding these competitions are highlighted under the Research section of this report.

2018 saw the publication of the proceedings from the 2017 Academic Symposium on Research, and the Research Committee will be hosting the symposium again in 2020.

### Andrew McRae MD PhD FRCPC

*Chair, Research Committee*

## Network of Canadian Emergency Researchers (NCER)

NCER is an established network of Canadian emergency medicine researchers interested in research of emergency care. In March 2019, NCER hosted its 4th annual scientific meeting in Mont Tremblant, QC, where top researchers shared their visions for the future of EM research, reviewed protocols, and learned about research programs developing across Canada. This year's meeting was attended by over 50 individuals from across Canada, and had engagement from education and quality improvement researchers.

These meetings are a great forum to present and receive feedback on research projects, provide updates on previous presentations, and encourage lively discussions and networking opportunities. NCER will be hosting its 5th annual scientific meeting February 25-27, 2020 at the Fairmont Hotel in Lake Louise.

### Laurie Morrison MD FRCPC

*Chair, NCER*



Visit the Academic Section webpage [here](#)



Visit the NCER webpage [here](#)

## Resident Section

### Member Engagement

- Medical student, CCFP-EM, FRCPC, recent graduate surveys in English and French speaking programs
  - Main results from surveys:
    - Lower costs
    - Better educational resources
    - Improved conference experience
    - Advocacy (including wellness)

### Educational Resources

- Improved welcome packages
  - Thank you to AIME for financial support towards the cricthyroidotomy models that will be included in these packages
- Expanded free EMRAP for medical student members
- New discount to *ECG weekly*—40% off

### Social and Networking Resources

- Created and hosted 3 “Ask Me Anything” sessions
- New “First 5 Years in EM” Facebook group

### Other Residency Tools

- Updated FRCPC competency directory
- Provided new CCFP-EM directory
- Revamped CAEP RS website
- Promoted resident opportunities

(e.g. *CJEM*) and accomplishments via the *Defibrillator*

- Successfully advocated for increased resident publications in *CJEM* (e.g. Debate Series, all PGA Award applications)

### Advocacy and Wellness

- Ensured CAEP resident representation on new Wellness Interest Group
- Worked with CAEP Wellness Committee and international partners on a new Canadian Wellness Week and International EM Wellness Week
- Provided new CAEP Conference wellness gift
- Created @HumansOfEmerg on Instagram—a new initiative highlighting Canadian EM Residents
- Working on a research/position statement for Self-Scheduling and Shift Reduction
- Helped with CAEP resident project on moonlighting research
- Collaborated and recruited members for Canadian Doctors for Protection Against Guns (CDPG) and their National Day of Action

### CAEP Conference

- Due to lack of clarity about CAEP RS role and lack of communication from organizing committee, we advocated for a better process and more consistent, clear involvement in future years
- Cutting edge topic for Resident AGM presentation (Design Thinking in EM)



### Internal Affairs and Administration

- Secured annual CAEP RS budget
- Secured 50% CAEP Conference discount for outgoing CAEP RS executive members in thanks for their contribution throughout the year
- Created new CAEP RS positions (VP Peds-EM)
- Amended CAEP RS Terms of Reference

### Sponsors and Partnerships

- Secured financial support from AIME and 3D4MD for our welcome packages
- Connected 3D4MD with CAEP for potential future collaborations and sponsorship



Visit the CAEP Resident Section website [here](#)





## Future Plans

- Continue adding value to CAEP membership (based on survey results)
- Continue promoting and adding valuable educational resources included in CAEP membership
- Update FRCPC and CCFP-EM directories
- “Ask Me Anything”—new interviews, possibly as part of CAEP TV Virtual Rounds or new podcast. Better advertising and member engagement and participation
- Improve integration between social media accounts (Twitter, Facebook, Instagram) and CAEP RS webpage
- Continue @HumansOfEmerg initiative and will build a team and post consistently
- Conduct research and publish result on self-scheduling and shift-reduction during EM residency
- Clarify role of *CJEM* Editor and responsibilities and conflicts of interest between the CAEP RS and *CJEM*
- Increase input into CAEP Conference Medical Student and Resident Day. Try to add more hands-on sessions, renowned international speakers

**Gerhard Dashi MD**

*President, Resident Section*

## Pediatric Section

- The PEM section has been working with Dr. Maala Bhatt from CHEO to develop a clinical practice guideline pertaining to pediatric sedation and analgesia possibly entitled “Clinical Practice Guideline: Pediatric Sedation and Analgesia in the Emergency Department”
- Currently developing some seasonal injury prevention topics
- Goal to target new subspecialty trainees in Pediatric Emergency Medicine to grow grassroots membership in this Section

- Plans to liaise with the Royal College PEM Subspecialty Committee as it pertains to the objectives of training in pediatric point-of-care ultrasound

**Tim Lynch MD FRCPC**

*Chair, Pediatric Section*

## Committee Highlights

### Women in EM Committee

#### WEM CAEP Meeting 2018

- “In the time of #TIMESUP: Reflections on gender in Emergency Medicine” discussion led by Dr. Carolyn Snider.
- Updated TOR document for the WEM Committee.
- Formalized roles, goals and objectives for the upcoming year.
- Formed subgroups to involve group members to work on individual projects.
- Addition of committee support including Rachelle Tessier and Shanna Scarrow.

#### CAEP Position Statement on Gender Discrimination in EM

- Working group formed.
  - Members include: Anna Nowacki, Carolyn Snider, Alim Pardhan, Katherine Smith, Lorraine Lau.
- Topics to focus on have been identified and currently, a literature review is in progress. This is to be followed by a CAEP member survey to further inform the position statement.

#### Mentorship and Networking Events

- This is a work in progress. Some academic sites have identified a lead person for this initiative.
- We promoted and organized a very successful local WEM mentorship and networking event, including the

division of EM, CCFP-EM, and PedsEM at the University of Toronto.

- We will be encouraging and promoting further local mentorship and networking WEM events on the CAEP WEM website.

#### Tentative Workplan for 2019

- Continue to work on position statement—aiming for final draft by fourth quarter of 2019 or early 2020.
- Continue to grow mentorship networks across the country by identifying local champions at the next CAEP WEM meeting.
- Initiate discussion on WEM track development and preconference leadership workshop in second to third quarter of 2019.

**Anna Nowacki MD FRCPC**

*Chair, WEM Committee*



The WEM webpage developed and launched you can view it [here](#)



Visit the Pediatric Section webpage [here](#)

## Emergency Medicine Wellness Committee

- The Emergency Medicine Wellness Special Committee strives to advocate and promote personal and professional wellbeing of Emergency Medicine across Canada.

### Social Media and Communication

- @CAEP\_Wellness under lead of Louis Rang has been very active with engaging Social media with wellness news, and successful wellness Wednesdays. It currently has 953 followers. The committee was announced to the membership via the CAEP Connects.
- The webpage is live and can be found [here](#).
  - Future directions are being explored like closed discussion boards for CAEP members which would add a lot of functionality and purpose. We plan on having monthly videos to the website, which will be announced through social media.
- CAEP EM Wellness week was a great success. Thank you to Lisa Fischer for her leadership and Ottawa EM. The topics and blogs were excellent, and thoughtful. We continue to work with other international EM organizations for our participation in the International wellness week in the

- spring in collaboration with ACEP. Collaborating with resident section to support their Humans in EM project for that week as well.
- An Instagram presence has recently been established.

### Research

- E-scan of academic sites for wellness programs: has been approved by Ethics and plans on being in data acquisition phase mid February.
- Canada wide survey on physician wellness has approval by Ethics. We are timing this with the website launch, and will blitz via multi-platforms including email blitz, social media and CAEP connects to attempt to maximize participation.

### Advocacy and Education

- Committee is participating in the Wellness Track at #CAEP19 that is chaired by Bruce McLeod. Rod Lim, Sara Gray and Jada Fitzpatrick will all give a talk and then the wellness exec will have a panel discussion for 20 minutes.
- Advocating for more elements for conference that will make Wellness a priority including yoga, wellness room etc. Working with head-office for bike availability, child-care, family friendly events etc.
- Utilizing potential MD Management

Grant for high-yield Wellness products/services during conference together with head office.

### Rodrick Lim MD

*Chair, CAEP Emergency Medicine Wellness Committee*

## QIPS Committee

- The CAEP QIPS Committee came into existence in June 2017 at the Whistler annual Scientific Assembly
- Our vision is to create a community of practice that will enable patient care improvements through the development of the fields of quality improvement (QI) and patient safety (PS) in emergency medicine (EM) in Canada
- This supports the CAEP vision ("Empowered. Connected. Represented.") by connecting EM providers across the country and empowering them to improve the care they provide
- Our Terms of References center around the objectives of engaging, connecting and mentoring the EM community in the field of QIPS, and advancing care for patients
- Our activities focus on the improvement of care for EM patients across the nation, and as such may reach providers that are less academically inclined than those involved in other activities supported by CAEP (i.e. an





expanding demographic for CAEP membership)

### Membership and Reach

- Our membership has grown to almost 100 members nation-wide
- This includes a dozen who became for the first time (or re-subscribed after an absence) CAEP members in order to benefit from the advantages (KT, communication, collaboration) of being part of our Committee
- We have an Executive Committee leading our activities, with 10 members from five cities across the country

### Activities and Contributions

- Contributed to the 2018 Academic Symposium on Leadership in Calgary as part of one of the three panels, utilizing an innovative method of real-time group polling (PollEverywhere©) in order to generate discussion and improve our recommendations [CJEM publication in press]
- Created a '[Resource Centre](#)' that provides an exhaustive list of educational QIPS options for interested members
- Conducted two nation-wide surveys, one of the Academic EM Department/

Division Chairs and Hospital EM Chiefs in order to gauge the state of QIPS in Canada [manuscript re-submitted to CJEM with improvements based on the editorial team's comments], and another one of EM residents of both teaching streams to assess their current state of knowledge, education and willingness of to be involved in local QIPS activities

- Developed a new track for QIPS abstract submission at the annual Scientific Assembly, which has included:

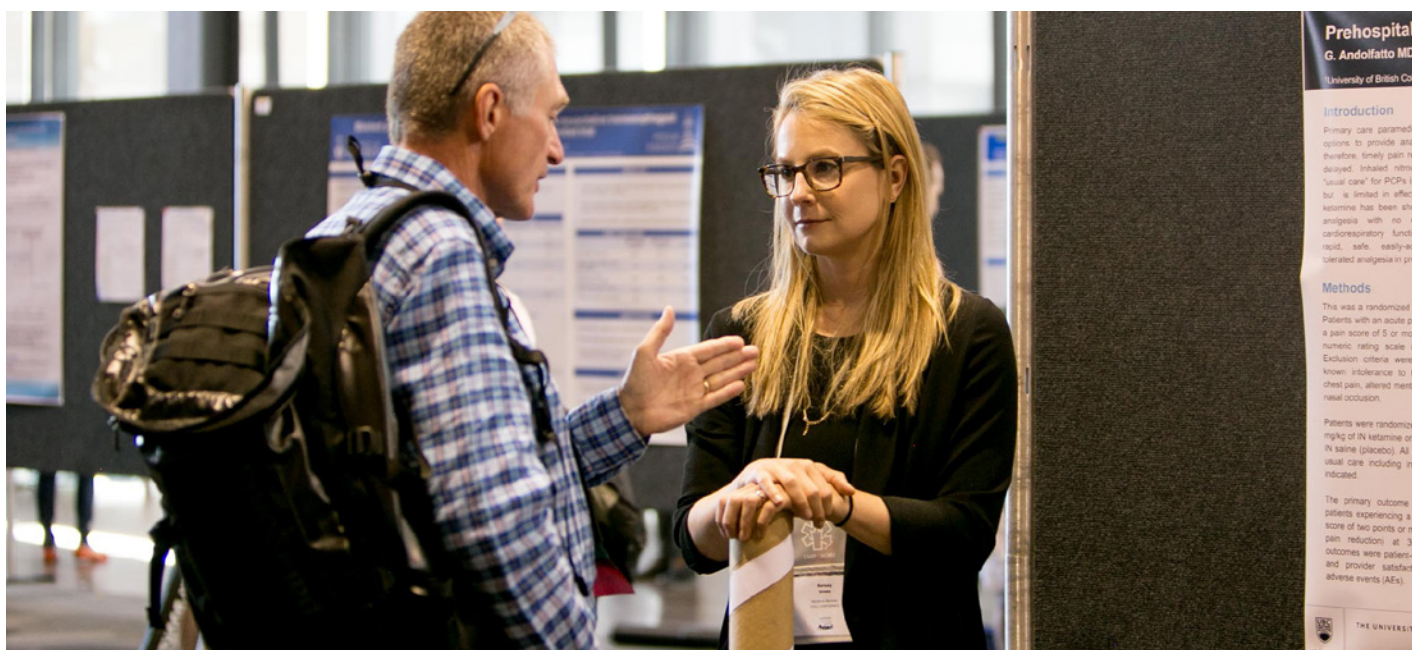
1. The development of an evaluation matrix;
2. The recruitment of skilled reviewers;
3. The presentation of the best submissions as part of the popular 'Brag & Steal' track; and
4. The new QIPS Award for the best submission (initially funded by the Calgary Cumming School of Medicine Department of Emergency Medicine, and now by CAEP itself—thank you!)

- Over the first two years of existence of this new track, we have received almost 100 submissions of QIPS abstracts (from many who had not submitted to CAEP before—again reaching a new demographic)

### Next Steps

- Future collaborations will center around partnerships with NCER (Network of Canadian Emergency Researchers), where our group is presenting in March 2019, as well as with the Academic Section of CAEP
- Future growth and capacity planning will be dependent on support and resources, and CAEP has an opportunity to broaden the scope and impact of its academic activity by enhancing grant opportunities in this area as well as furthering the integration of QIPS into its strategic planning, conference, website/newsletter

**Lucas Chartier MD FRCPC**  
*Chair, QIPS Committee*



# Annual Award Winners



**CAEP President's Award**  
Jill McEwen



**Honorary Life Member Award**  
Art Coakley



**Special Merit Award**  
Rod Lim



**Dr. Ian Stiell Researcher of the Year Award**  
Paul Atkinson



**Dr. Terry Sosnowski Teacher of the Year Award**  
Caroline Tyson



**Dr. Marilyn Li Pediatric EM Leadership Award**  
Garth Meckler



**Dr. Helen Karounis Memorial Award for Professionalism in Emergency Medicine**  
Jim Christenson



**Dr. Alan Drummond Advocacy Award aHand2Hold Campaign**  
*Accepting on behalf of the Campaign*  
Samir Shaheen-Hussain

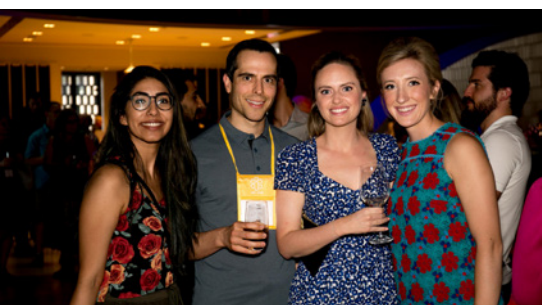


**Dr. Richard Kohn Memorial Award for Mentorship in Emergency Medicine**  
Samina Ali



**Resident Leadership Award—FRCPC**  
Gerhard Dashi





**Resident Leadership  
Award—CCFP(EM)  
Alicia Cundall**



**Penny Gray-Allen Memorial  
CJEM Writing  
Shannon Chun**

### Emergency Physician of the Year Rural and Small Urban



**Etienne van der Linde**



**Sarah Giles**



**Eric Lee**



**Kobus du Preez**



**Kylie Booth Bosman**



## Emergency Physician of the Year Urban



Constance Leblanc



Howard Ovens



Andrew MacPherson



Marie Maud Couture



Shawn Dowling

## CAEP Committees

Our committee are a vital part success in achieving CAEP's mission. We thank the committee chairs and all those who participate on these committees for their dedication in advancing emergency medicine.

COMMITTEE	CHAIR
Academic Section	Jeff Perry
Bioethics	Merril Pauls
Bylaws	James Stempien
CEDIS	Eric Grafstein
Choosing Wisely WG	Brian Rowe & Amy Cheng
CJEM	Ian Stiell
COFA	Chris Evans
CPD	Sean Moore
Critical Care	Julian Owen
CTAS	Katherine Smith
Disaster	Daniel Kollek
Education	Rob Woods
Scholarship	
EM Undergrad	Laura Hans
Emergency Department	Paul Olszynski
Ultrasound	

COMMITTEE	CHAIR
EMS	Alix Carter
Future of Emergency Medicine	Doug Sinclair
Global Emergency Medicine	Amanda Collier
Green	Curtis Lavoie
Inner City Health Working Group	Sahil Gupta
Leadership	Eddy Lang
Medical Student Representative	Laura Olejnik
Membership	Benj Fuller
NCER	Laurie Morrison
Nominating	Paul Pageau
Opioid Task Force	Elizabeth Shouldice
Palliative Emergency Care	Lisa Fischer

COMMITTEE	CHAIR
Pediatric Section	Tim Lynch
Public Affairs	Alan Drummond Atul Kapur
Quality Improvement and Patient Safety (QIPS)	Lucas Chartier
Research	Andrew McRae
Resident Section	Gerhard Dashi
Rural and Small Urban Section	Etienne Van Der Linde
Standards	Suneel Upadhye
Stroke	Eddy Lang
Trauma Care and Injury Prevention	Marcel Emond
Wellness	Rod Lim
Women in Emergency Medicine	Anna Nowacki





# ADVOCACY

Since its inception, Advocacy has been a key pillar of CAEP. A strong and robust membership allows CAEP to support our advocacy efforts and advance emergency medicine in Canada. The Public Affairs Committee has been fulfilling its mandate to speak authoritatively and passionately on behalf of Canadian emergency physicians and the patients we serve.

## Highlights

A successful advocacy workshop held on May 26, 2018 in Calgary. This has guided our advocacy efforts since then. The Public Affairs committee has been actively working in a number of areas. Highlights include:

- Establishment of an Opioid Task Force Chaired by Elizabeth Shouldice—first meeting to take place in Halifax
- Development of a Position Statement on Violence in the Emergency Department
- Completion of a Position Statement on Dental Care in Canada to be released shortly
- Op-ed in the Globe and Mail on Access to Air Ambulances
- Continued advocacy for Gun Control
  - Appearance before Parliamentary Committees:
    - Standing Committee on Public Safety—Atul Kapur
    - Standing Committee on Health—Alan Drummond
  - Appearance at a Toronto Town Hall with Minister Bill Blair—Atul Kapur
  - Senate committee appearances:
    - Independent Senators Group—Atul Kapur
    - National Security and Public Safety—Alan Drummond and Howard Ovens
- Partner with the group Doctors for Protection Against Guns



CAEP also participated in various other advocacy efforts:

- Press release: [CAEP responds with concern to the College of Physicians and Surgeons of Ontario \(CPSO\) policy on Expectations Physicians not Certified in Emergency Medicine Intending to Include Emergency Medicine as a Part of their Rural Practice](#)
- Position Statement on “Recommendations for the use of PoCUS by Emergency Physicians” to be published shortly, lead Paul Olyzinski
- Statement on bus passenger safety submitted to the Parliamentary Committee on Transportation Safety—James Stempien
- Media appearances:
  - CTV National: [Legalization of marijuana](#)
  - Readers Digest—25 Health Symptoms you Should Never Ignore
  - National Post: [Do the results of government questionnaire on handguns truly reflect how Canadians feel?](#)

- Today’s Parent: [What to do if your baby falls off the bed](#)
- Globe and Mail: [Hallway medicine a killer](#)

#### **Alan Drummond MD CCFP(EM) FCFP**

*Co-Chair, Public Affairs Committee*

#### **Atul Kapur MD MSc FRCPC FACEP**

*Co-Chair, Public Affairs Committee*

## **Future of Emergency Medicine Committee**

The Future of EM Committee (FEMC) continues to follow up on the Collaborative Working Group (CWG) recommendations and advocate with the postgraduate deans on the HHR short-fall projections as outlined in the CWG report. As part of its advocacy efforts with PG Deans and Ministries of Health, it has become apparent that CAEP needs to define what a full-time equivalent (FTE) is as it related to emergency

physicians and the categorization of emergency departments (ED). The FEMC has been developing an FTE model that will be adaptable to different regions and hospitals throughout the country.

At the 2018 Annual Meeting held in Calgary, the FEMC committee held a workshop titled, “Advocating for better HHR planning in ON; A Case Study in Failure—So Far!” From this workshop, the committee has prepared a publication that is forthcoming in *CJEM*. The publication summarizes the committee’s work to date and outlines its workplan for the future. Keep an eye out for it! We look forward to receiving member feedback.

#### **Doug Sinclair MD CCFP(EM) FRCPC**







# RESEARCH

## Highlights

The Research Committee awarded 2 EMAF grants, 2 new CAEP-SREMI grants, and 6 CAEP Junior Investigator grants. CAEP received 335 submissions for the Annual Conference Research Abstract Tracks, with the top Research, Quality Improvement and Education Innovations all being featured at the CAEP 2019 Annual Meeting.

## Grant Competition

CAEP received 38 grant applications for the 2018/19 competition. As a result, 10 grants were awarded totaling \$55,000 in research funding; 2 EMAF grants, 6 CAEP Junior Investigator grants and 2 new CAEP-SREMI grants. In addition, another \$10,000 grant will be awarded during CAEP 2019 to the winner of Grizzly



*We would like to thank all members and SREMI who generously supported the EM Advancement fund this year, making these grants possible.*

Den competition. To support EM research, please make a donation to the [EM Advancement Fund](#).

## Grant Award Winners



### EM Advancement Fund Grants



#### Dr. Keerat Grewal

Intracranial BLEEDing after head injury among anticoagulated elderly patients seen in the Emergency Department (IBLEED-ED): A population-based cohort study



#### Dr. Jake Hayward

Impact of emergency department opioid prescribing on substance misuse & health outcomes



**SREMI**  
SCHWARTZ/REISMAN  
EMERGENCY MEDICINE  
INSTITUTE  
Mount Sinai Hospital  
North York General Hospital

### CAEP-SREMI Grants



#### Dr. Brett Burstein

Understanding parental preferences for shared decision-making in the management of febrile young infants



#### Dr. Fareen Zaver

Identifying challenges in the transition from residency to independent practice: a longitudinal comparison of Emergency Medicine and Internal Medicine physicians





## Junior Investigator Grants



### Dr. Jennifer Chao

Low dose intravenous ketorolac in renal colic: a pilot study to plan a randomized controlled trial



### Dr. Kaif Pardhan

Perceptions of assessment and feedback: hawks, doves and impact on learning



### Dr. Justine Soucy-Legault

Les bêtabloquants en réanimation cardiorespiratoire : une revue systématique



### Dr. Michael Hale

Residency selection in emergency medicine: a national program director and medical student survey



### Dr. Catherine Patocka

Does a 72-hour re-admission alert notification foster physician reflection? A mixed methods realist evaluation



### Dr. Justin Yan

A qualitative study to explore the patient experience with emergency department visits for hyperglycemia

## Abstract Competition

The CAEP 2019 Abstract Competition had 3 submission categories and expanded to include a new subcategory for qualitative research. CAEP received over 335 submissions for our abstract competition, with 302 abstracts being featured at the Annual Meeting; highlighting the top Research, QI and Education Innovations.

## Abstract Award Winners

### Grant Innes Research Paper and Presentation



#### 1st Plenary Presentation

### Dr. Jeffrey J. Perry

Prospective Multicenter Validation of the Canadian TIA Score for Predicting Subsequent Stroke within Seven Days

### Top New Investigator Abstract



#### 3rd Plenary Presentation

### Dr. Kerstin de Wit

Prevalence and clinical predictors of intracranial hemorrhage in seniors who have fallen

### Top Resident Research Abstract



**Dr. Evan Russell**

Simulation in the continuing professional development of Canadian academic emergency physicians—a national survey

### Top Pediatric Abstract



**Dr. Samina Ali**

Humanoid robot-based distraction to reduce pain and distress during venipuncture in the pediatric emergency department: A randomized controlled trial

### Top QIPS Abstract



**Ms. Victoria Woolner**

Improving time to analgesia administration for musculoskeletal injuries in the emergency department

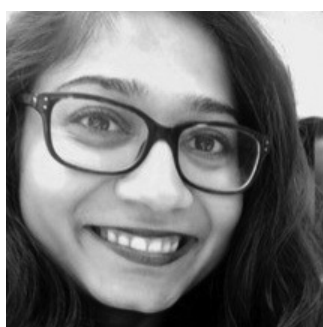
### Top Medical Student Abstract



**Mr. J. Colin Evans**

Assessing non-technical skills in prehospital ad hoc team resuscitation

### CAEP-CanVECTOR Research Abstract



**Ms. Vidushi Sawrup**

Identifying patient values and expectations for pulmonary embolism CT scanning in the emergency department

### CAEP-CanVECTOR Research Abstract



**Dr. Leila Salehi**

Variability in utilization and diagnostic yield of Computed Tomography (CT) scans for pulmonary embolism among emergency physicians

### Resident Research Abstract Awards



**Dr. Erica Lee**

Exploring Emergency Physicians' Ability to Predict Patient Admission and Decrease Consultation to Admission Time



**Dr. Marie-Pier Lanoue**

Influence of fear of falling on return to emergency department and further falls in community-dwelling elderly presenting for minor trauma



**Dr. Sachin Trivedi**

A national needs assessment on quality improvement and patient safety education in Canadian emergency medicine residency programs



**Dr. Jake Hayward**

Unexplained variation in 'To-Go' opioid prescribing across Emergency Departments in a large Canadian cohort

**Dr. Jessica McCallum**

Solid organ donation from the emergency department—A death review

**Dr. Christopher Byrne**

The HEART score in predicting major adverse cardiac events in patients presenting to the emergency department with possible acute coronary syndrome: a systematic review and meta-analysis

**Dr. Scott Odorizzi**

Signal & Noise—Do Professionalism Concerns Impact Decision-Making of Competence Committees?



## Canadian Journal of Emergency Medicine

*CJEM* leadership continues with Ian Stiell as Editor-in-Chief, Eddy Lang and Paul Atkinson as Deputy Editors with the assistance of Managing Editor, Jennifer Brinkhurst, and Assistant Managing Editor, Jacqueline Fraser. In addition to 18 Decision Editors, 15 Associate Editors, we now have a single Social Media Editor who is committed to promoting *CJEM* through various social media platforms.

*CJEM* continues to focus heavily on providing great customer service in terms of timely and high-quality reviews, while also ensuring a dynamic journal for its readers. In 2018, decisions on new submissions were received by authors in less than 60 days 91.2% of the time. Additionally, a review of the Reviewer database has taken place allowing the database to be parred down to high-level, active, and interested Reviewers.

In September 2018, *CJEM* returned to print for CAEP members.

What's new in 2019?

- Continued with double issues from January and March 2019
- Backlog cleared as of May 2019 issue
- 4 editorials per issue
- Audio Summaries
- Just the Facts
- Updated Journal Club format





# EDUCATION

## CONTINUING PROFESSIONAL DEVELOPMENT

CAEP's Continuing Professional Development has been a strong pillar for many years. Our courses have withstood the test of time and have assisted Emergency Physicians in improving their skills and competencies.

In 2018, CAEP worked with our Rural and Small Urban Section to improve our offerings to smaller locations, outside the urban core. To that end, we were able to offer 4 courses in rural settings. We are continuing to work

with communities to meet their training needs throughout 2019.

CAEP also surveyed its members to ask what new CPD offerings should be considered. In response to what we heard; we proudly offered our 1st Adventure CAEP—The Chase across Asia last September. Response has been so positive that we are again offering this exciting opportunity to combine excellent CAEP CPD with the thrill of exploring Asia.

Another new offering that launched at the CAEP 2019 Annual Conference as a pre-conference course is Geriatric EM. This course has been designed by Canada's first Fellow in Geriatric Emergency Medicine, Audrey-Anne Brousseau. Learners receive in-depth knowledge for dealing with geriatric

patients in the Emergency Department, supported by 10 video modules to watch prior to attending the course.

Finally, and most importantly, the CAEP Board has decided to invest in renewing CAEP CPD so that we are prepared to meet Emergency Physicians' CPD needs into the future. The Board kick-started the process in February 2019 and work will be undertaken throughout 2019. Members' views and feedback will be solicited as this initiative moves forward.

**Sean Moore,**  
*Chair, CPD Committee*





# CORPORATE PARTNERS

Thank you to the following organizations for partnering with CAEP this year.

AbbVie  
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