

FAQ's

WHY MUST I WEAR A "REGULATION" BATHING SUIT IN THE POOLS AS OPPOSED TO A T-SHIRT AND SHORTS?

There are several reasons why we require regulation bathing suits. Some of these reasons include certain dyes in non-regulation materials that may bleed. Certain fibers in non-regulation materials may not interact well with the filtration system. Some T-shirts may hinder a swimmer's ability in the water. T-shirts worn with no undergarments may be offensive to patrons.

WHERE CAN I FIND THE POOL SCHEDULE?

You can find the pool schedule on the Aquatics tab of the Wellness and Recreation Center website. Or pick up a WRC fitness calendar at the front desk.

DO I HAVE TO PUT MY HEAD UNDERWATER FOR ANY OF THE AQUATICS GROUP FITNESS CLASSES?

No. Each class is designed for all fitness levels and each individual works at their preferred intensity. You will not be required to fully submerge your head.

WHAT IS THE TEMPERATURE OF THE POOL?

The temperature of the pool is 84 degrees year round.

DOES THE WRC OFFER COURSES TO BECOME A LIFEGUARD, SWIM INSTRUCTOR OR POOL OPERATOR?

Currently the WRC offers a lifeguard class every semester. This non-credit course meets for the duration of a full semester.

HOW LONG IS THE LAP AREA?

20 yards

HOW MANY LENGTHS ARE IN A MILE?

There are 80.5 lengths in a mile.

DOES THE WRC POOL CONSIST OF A HOT TUB?

No. However there is an area of the pool that features in pool jets.

DOES THE WRC POOL OFFER SWIM LESSONS?

The WRC currently offers swim lessons through Kent county Parks and Recreation to the community. The WRC offers Private and Semi-Private swim lessons to the DSU community. You can find more information regarding swim lessons by clicking the Swim lesson PDF.

HOW DEEP IS THE WATER

At its deepest point the water is 5ft deep. However the majority of the pool area has an average depth of 3ft and 6 inches

WHY IS THE POOL SO SHALLOW

The WRC pool has been designed specifically to attract beginners and non swimmers to come and use the facility for recreational purpose, Hence the deepest point in the pool is a maximum of 5ft deep

WHY CAN'T YOU LEAVE YOUR BELONGGINGS ON THE BENCHES AROUND THE POOL

The WRC offers patrons locks at the front desk. Our locker rooms have ample space for patrons to keep their belongings safe; we cannot guarantee the safety of their belongings if left on benches