

Contact Us

For more information about this program contact:

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or

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ACADEMIC SUCCESS PROGRAM

Introduction

The Academic Success Program is designed to assist student athletes in the transition and adjustment to the demands of university academics, varsity sport and university life. Through a variety of seminars, skill building instruction, and mentoring, students will receive support and learn the skills needed to succeed in the classroom and on the field of play as they progress toward graduation and beyond.

Student Development Centre (SDC)

The SDC is a key partner in the Academic Success Program. In addition to the Varsity Athlete specific seminars and presentations, the SDC is “dedicated to the provision of an array of integrated professional and accessible services that help graduate and undergraduate students achieve their personal, academic, and professional goals in a confidential and caring environment.” (Student Development Centre, <http://www.sdc.uwo.ca/>, last checked June 22, 2011). These services are accessible to student athletes as a supplement to, or a replacement for, the mandatory components of the Varsity specific program. Confidential support in areas such as writing and learning skills, psychological services and services for students with disabilities, as well as services for Indigenous and International students are available by contacting the SDC at the phone numbers listed below:

Contact Info:

Learning Skills Services	519-661-2183
Writing Support Centre	519-661-3031
International and Exchange Student Centre	519-661-3031
Services for Students with Disabilities	519-661-2147
Indigenous Services	519-661-4095
Psychological Services	519-661-3031

Learning Skills Seminars - Varsity Athlete specific:

There will be five key seminars available to all student athletes but mandatory for first year athletes. These seminars include:

Wed. Aug. 31st	10:00 – 11:00 a.m.	3M Centre, Room 3250	Time Management
Tues. Sept. 6th	3:00 – 4:00 p.m.	3M Centre, Room 3250	Time Management
Thurs. Sept. 22nd	4:00 – 5:00 p.m.	HSB, Room 23	Effective Textbook Strategies
Sun. Sept. 25th	7:30 – 8:30 p.m.	3M Centre, Room 3250	Learning from Lectures
Sun. Oct. 16th	7:30 – 9:00 p.m.	3M Centre, Room 3250	Multiple Choice – Prep & Writing

If you cannot make these dates due to class, practice or games you can access the Student Development Centre website and the Learning Skills presentations at www.sdc.uwo.ca. Registration for these presentations is done through the link. Please make sure you sign in with the presenter when you attend the session so you can be credited for attendance.

Mentors

Academic Success Program (ASP) mentors are students in our Masters of Coaching program in the School of Kinesiology. All mentors have a varsity sport background and therefore an understanding of the demands on a student athlete. Mentors will play an important role in helping student athletes set goals and balance academic life with athletic life. They will provide group and individualized attention during study hall sessions.

Study Hall

Study hall is available to student athletes (mandatory for some) each week on Sunday, Tuesday and Thursday from 7:30 p.m. to 11:00 p.m. in Thames Hall Room 3154 and 4185. Student athletes will sign in to Thames Hall, Room 4185 and check in with a mentor before either moving into the quiet study room (Room 3154) or staying in the quiet discussion room (Room 4185). Those involved in mandatory study hall must attend a minimum of 4 hours per week. If the student cannot make study hall due to class, practice or a game, they should speak with their coach or one of the ASP contacts for an alternate study hall plan.

